



2019 WORKSHOP DETAILS

Noelia & Carlitos Workshops	Workshop	Time
The walk: Our way to interpret melodic & rhythmic music. Their unique approach & understanding the way they move. An exploration of walking (& interpreting melodic & rhythmic music the Noelia & Carlitos way) (INT & above) * [Main Ballroom-2 nd floor]	Noelia/Carlitos Workshop 1	Friday Sep 27 5pm - 6:30pm
Turns: the use of projection to change dynamics. Evolving your tango in circles. Falling in love with Turns. Re-discovering the classics (INT/ADV & above) * [Main Ballroom-2 nd floor]	Noelia/Carlitos Workshop 2	Friday Sep 27 6:45pm-8:15pm
Melodic structure - using expansion, compression and body tone to express the music (playing with dynamics and statics). New ideas for controlling your body (INT/ADV & above) * [Main Ballroom-2 nd floor]	Noelia/Carlitos Workshop 3	Saturday Sep 28 3pm - 4:30pm
How to maintain creativity & express yourself in crowded spaces. Combining crosses and rebounds to dance interestingly/effectively when you have a crowded floor and limited space (INT/ADV & above) * [25 Cecil St.]	Noelia/Carlitos Workshop 4	Saturday Sep 28 4:45pm-6:15pm
Musicality - Rhythmic Musical Phrases (INT & above) * [Main Ballroom-2 nd floor]	Noelia/Carlitos Workshop 5	Sunday Sep 29 3pm - 4:30pm
Creating elastic combinations of sacadas and boleos, Having fun with your dancing (INT/ADV & above) * [25 Cecil St.]	Noelia/Carlitos Workshop 6	Sunday Sep 29 4:45pm-6:15pm

* **NOTE:** All classes are gender balanced unless specified otherwise, so you always have a partner to work with

Magdalena & German Workshops	Class	Time
Dialogue & communication. Dancing the German-Magdalena way. Making it look easy, shift of weight, points of contacts, embrace (INT & above) * [Main Ballroom-2 nd floor]	Magdalena/German Workshop 1	Thursday Sep 26 5pm - 6:30pm
Rhythmic tango. Finding your 'compass'. When and how to use strong beats and weak beats. Dancing in harmony, expressing the music (INT/ADV & above) * [Main Ballroom-2 nd floor]	Magdalena/German Workshop 2	Thursday Sep 26 6:45pm-8:15pm
Walking Structures- Dancing to and expressing the music on the dance floor using parallel and cross systems without interfering with the circulation in the dance floor (tips & secrets of the old milongueros (INT & above) * [1 st floor]	Magdalena/German Workshop 3	Friday Sep 27 6:45pm-8:15pm
The structure of Tango: working on tango fundamentals. Theory and reality (INT & above) * [25 Cecil St.]	Magdalena/German Workshop 4	Saturday Sep 28 3pm - 4:30pm
Dancing with the Rhythmic orchestras (examples of rhythmic expression/ learn how to express yourself when dancing with Rhythmic orchestras from the 30s & 40s (INT & above) * [Main Ballroom-2 nd floor]	Magdalena/German Workshop 5	Saturday Sep 28 4:45pm-6:15pm
Leading & Following Ochos. New ways to lead and follow ochos. Advanced ways to making your dancing better (INT/ADV & above) * [25 Cecil St.]	Magdalena/German Workshop 6	Sunday Sep 29 3pm - 4:30pm
Vals: Circular and linear figures, fluidity and changes of dynamic using the rhythm of the vals (INT & above) * [Main Ballroom-2 nd floor]	Magdalena/German Workshop 7	Sunday Sep 29 4:45pm-6:15pm

Eleonora Workshops	Class	Time
Building your axis by using three points in your upper body, creating space for possible movement. No partner needed, open to both leaders and followers, not gender balanced (ALL levels) [1 st floor]	Eleonora Workshop 1	Thursday Sep 26 6:45pm–8:15pm
Flow technique for Pivots, how to help each other when we turn. No partner needed, open to both leaders and followers, not gender balanced (ALL levels) [1 st floor]	Eleonora Workshop 2	Friday Sep 27 5pm - 6:30pm
The "Twisted Heel". Some fresh ideas on how to adorn with your heel. Technique class for followers, no partner needed, not gender balanced (ALL levels) [25 Cecil St.]	Eleonora Workshop 3	Saturday Sep 28 3pm - 4:30pm
Movement of infinity. Make your adornos different. Technique class for followers, no partner needed, not gender balanced (ALL levels) [25 Cecil St.]	Eleonora Workshop 4	Sunday Sep 29 3pm - 4:30pm

* **NOTE:** All classes are gender balanced unless specified otherwise, so you always have a partner to work with

Micaela & Alberto Beginners Intensive Workshops (BGN-INT)	Thursday Sep 26 6pm–7pm	Thursday Sep 26 7:15pm – 8:15pm	Friday Sep 27 6pm – 7pm	Friday Sep 27 7:15pm – 8:15pm	Saturday Sep 28 12:15pm – 1:15pm	Saturday Sep 28 1:30pm – 2:30pm	Sunday Sep 29 12:15pm – 1:15pm	Sunday Sep 29 1:30pm – 2:30pm
For people with limited or no experience with tango	Class 1 [25 Cecil]	Class 2 [25 Cecil]	Class 3 [25 Cecil]	Class 4 [25 Cecil]	Class 5 [Main Ballroom]	Class 6 [Main Ballroom]	Class 7 [Main Ballroom]	Class 8 [Main Ballroom]

LEVELS:

BGN (beginner) Either never danced tango or taken any classes, or very limited exposure to Argentine tango (less than 1 month)

BGN/INT (beginner-intermediate) limited exposure to Argentine tango (1 to 3 months of classes and social dancing)

INT (intermediate) Have taken classes and have attended some milongas (3 to 6 months of classes and social dancing)

INT/ADV (intermediate-advanced) Have taken classes and have attended milongas (6 month to 1 year of classes and social dancing)

ADV (advanced) Usually at least one year of dancing or classes

ALL All levels above BGN will benefit.

CLASS LOCATIONS:

All classes and events take place in one of three rooms:

- Main Ballroom** – 2nd floor of the SPK Polish Hall at 206 Beverley St. (Go up the stairs)
- 1st Floor** – Main Floor of the Polish Hall at 206 Beverley St. (this is the room on the ground floor when you enter from the street)
- Cecil St.** - 25 Cecil St, just across from the Polish Hall on Cecil St.